

- I eliminate all emotion. Stocks are simply investments that I use to improve the bottom line. I pick a stock or commodity because I think the chart pattern looks positive. Once I decide that we are operating in a bull market, I don't bother with sell stops I patiently wait for the stock or ETF to come back into positive territory.
- When I do sell below my cost, I look at the loss as an opportunity to get into a winner.
- I use the 20 day and 30 day exponential moving averages at Stockcharts.com to help me decide when to buy and when to sell. Then I draw a channel, just as I do in the reports I issue. As long as the stock stays in the channel, I'll keep it as part of the portfolio, unless I decide to take profits.
- You've heard people say: 'Buy Low Sell High'. Here is a variation on that advice:
  BUY HIGH SELL HIGHER! It has been my experience that buying stocks that have just broken out to a new 5 year high have been the best performers in my portfolio. When a stock or commodity has reached this stage, there is 'blue sky' ahead.
- Next I look at the supporting indicators especially the Accumulation/Distribution line. When a stock or commodity becomes overbought (such as trading near the top of the channel, or making a 'double or triple' top), I usually sell all or part of my holding into the rally. Over time I try to replace these stocks during pullbacks.
- Finally I make sure that the sector in which the stock or commodity operates, is moving in the same direction as the stock of commodity that I am about to buy.

Here are some kernels of wisdom from a very successful trader, Jesse Stine:

- Emotional intelligence is of utmost importance.
  - Discipline is key
  - Drawdowns are lessons.
- Patience is very important
  - Ignore the news media
- Have faith in your system
  - Trade with confidence
- Never get attached to a stock
- Be a contrarian
  - Be a lone wolf.

According to an article titled: The Strange Behavior of Gold Investors, by Dimitri Speck (link is here): <u>https://www.gold-eagle.com/article/strange-behavior-gold-investors-monday-thursday</u>

Wednesday is a day when investors usually buy gold early.

5 transactions since the last report. I purchased shares in HSLV.to at 2.74; also ARIS.to at 8.71. also OR.to at 35.96; also SSL.to at 12.45; also LIO.v at 0.325; The last 145 closed transactions resulted in 135 winners and 10 losers, producing a percentage of +93%. The reason why our portfolio is large is due to the desire to be of help to as many investors as possible. Our position in 'penny stocks' is always very conservative.

18 positions are 'under water'. 2 positions are 'free' (they have doubled).

My portfolio consists of 65% precious metals, 20% in various other categories and 15% cash.

Here is my portfolio:

AAG.v (AAGFF) aftermathsilver.com Exploring for silver in Chili and Peru

ARIS.to (ARMN) aris-mining.com Producing gold at 5 mine sites.

AYA.to ayasilver.com producing at several projects in Morocco

GOGO.v (No US listing). borealismining.com Gold in NV. Sprott is in, also McEwen.

CEF.to CEF Centralfund.com A Sprott gold and silver trust.

CBR.v (CBGZF) cabralgold.com Gold in Brazil.

CNQ.to (CNQ) cnrl.com Large Canadian oil and gas producer

COPR.to (CPPMF) coppernicometals.com Exploring for gold and copper in PERU

CXB.to (CXBMF) calibremining.com Building gold mines in Canada and Nicaragua

DAN.v (DRRSF) Arianne-inc.com Phosphate deposit in QC. The project is fully permitted and shovel ready. Phosphate is used in LED batteries

DBC Commodity Index Tracking Fund on the NYSE

DV.v (DOLLF) dollyvardensilver.com The company has discovered silver in B.C.

EFR.to (UUUU) energyfuels.com Producing Uranium at several US sites

ELD.to (EGO) eldoradogold.com Producing gold Canada, Turkey and Greece

ELEF.to (SILEF) producing silver in Bolivia silveref.com

FDR.V (FDMIF) fdmetals.com Gold in Surinam

FTCO fortitudegold.com Producing gold at a profit in NV. Pays a dividend

FVL.to (FGOVF) freegoldventures.com Gold at two sites in Alaska

GHRT.v (GHRTF) greenheartgold.com Gold in Guyana and Suriname.

GOT.v (GOTRF) goliathresources.com Pecous metals and moly in BC

GPAC.v (FSXLF) greatpacificgoldcorp.com Gold and copper in Australia and Papua NG

GTWO.to g2goldfields.com. Discovering gold in Guyana. Management is experienced.

GWM.v (GAYMF) galwaymetalsinc.com Gold in New Brunswick and silver in QC

HL hecla.com Producing silver in Coeur d'Alene Idaho

HSLV.to highlandersilver.com Silver in Peru

JAG.to (JAGGF) jaguarmining.com Producing gold in Brazil

K.to KGC kinross.com Producing gold at 6 active mines in safe areas

KUYA.ca (KUYAF) kuyasilver.com Silver in Peru and Northern Ontario

LIO.v (LOMLF) liononemetals.com

LN.to (LONCF) loncor.com Gold explorer in DRC

MAE.v maritimeresourcescorp.com Gold in Newfoundland and Labrador

MGM.v Maple Gold Mines. Gold in the Abitibi region of Quebec.

MNT.to Gold trust, Royal Canadian MInt

NEXG.v (NXGCF) nexgold.com The company is working on final permits to operate a gold mine in Northern Ontario.

NFG.v (NFGC) newfoudlandgold.ca Discovering gold in Newfoundland. Eric Sprott is a shareholder.

NUAG.to NEWP newpacificmetals.com Silver in Bolivia

NXE.to (NXE) nexgenenergy.ca Uranium in Sask.

OMG.v (OMGGF) omaigoldmines.com Gold in Guyana

OR.to (OR) osisko.gr.com Gold royalties

PHYS.to Sprott gold trust

PSLV.to (PSLV) Sprott's silver trust.

QIM.ca (QIMGF) quimbayagold.com Gold in Colombia

RVG.V (RVLGF) revival-gold.com Gold in Utah, and Idaho

SGD.v (SNWGF) snowlinegold.com Gold in the Yukon

SILJ ETF of junior silver explorers

SSL.to (SAND) sandstormgold.com Hundreds of royalties

TVE.to (TNEYF) Natural gas producer in AB. tamarackvalley.ca

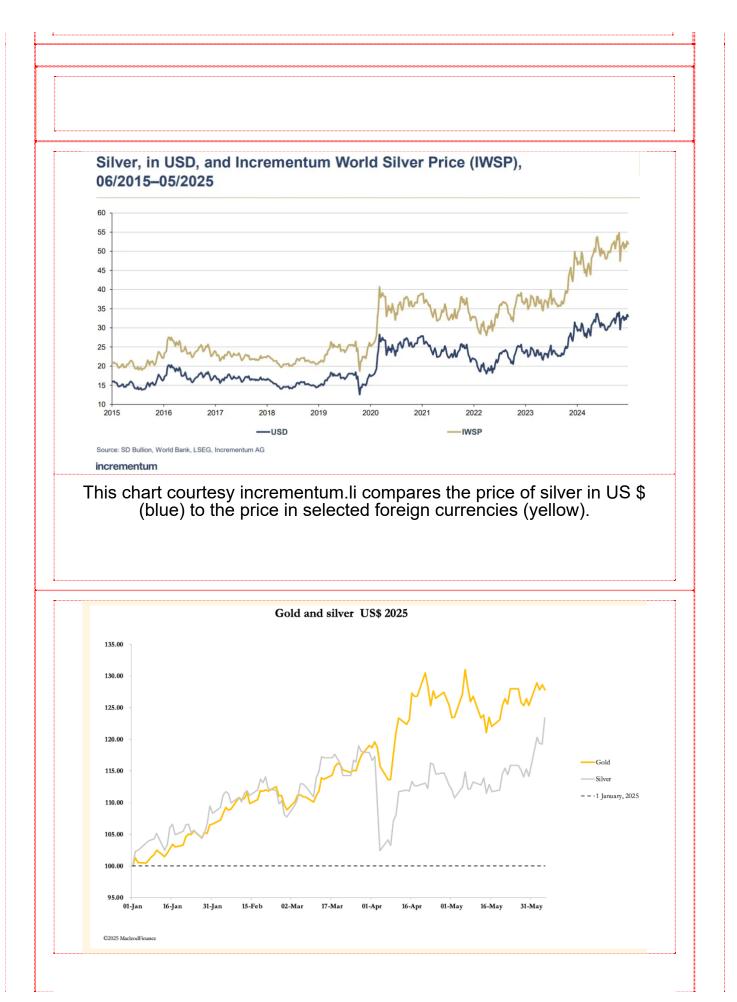
USA.to (USAS) Americas-gold.com gold producer in Nevada

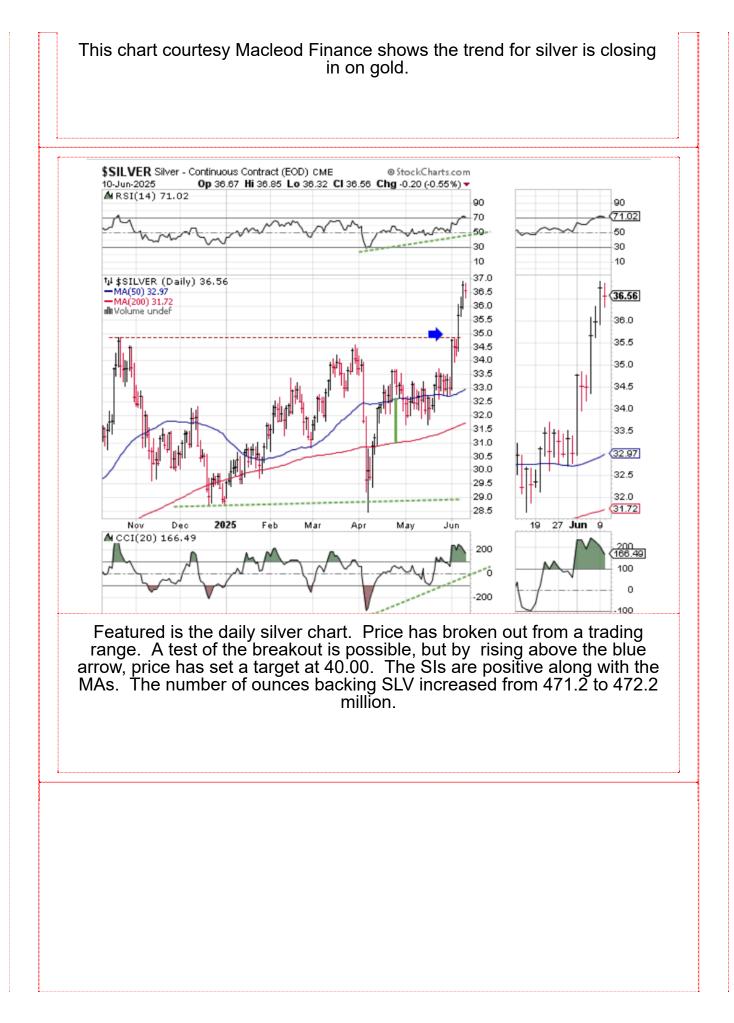
VOXR.to VOXR voxroyalty.com 60 active royalties spanning 6 jurisdictions.

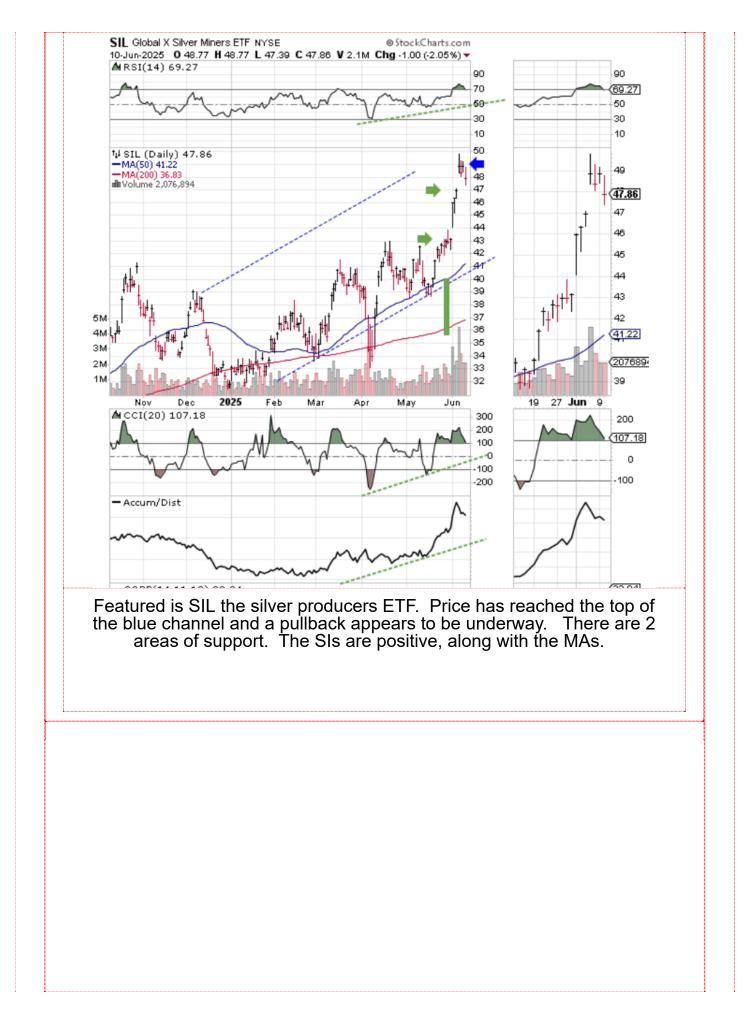
WEAT a Wheat fund that trades on the NYSE

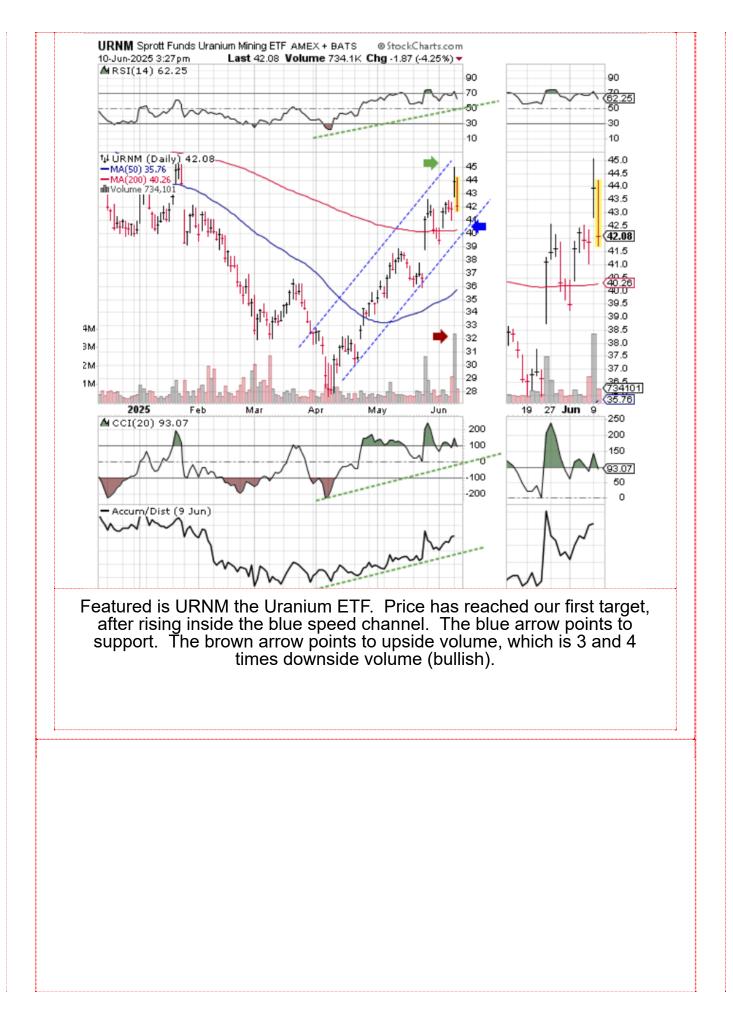
WGO.v (WHGOF) whitegoldcorp.ca Gold and Copper in the Yukon.

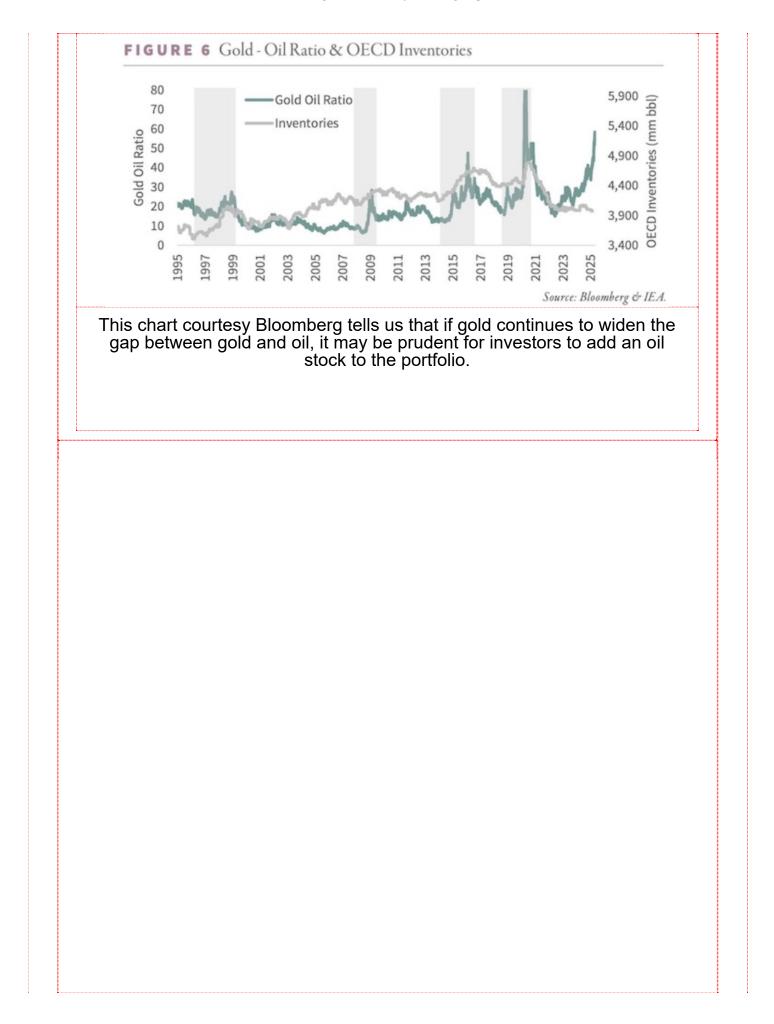
Please do your own due diligence. I am NOT responsible for your trading decisions.

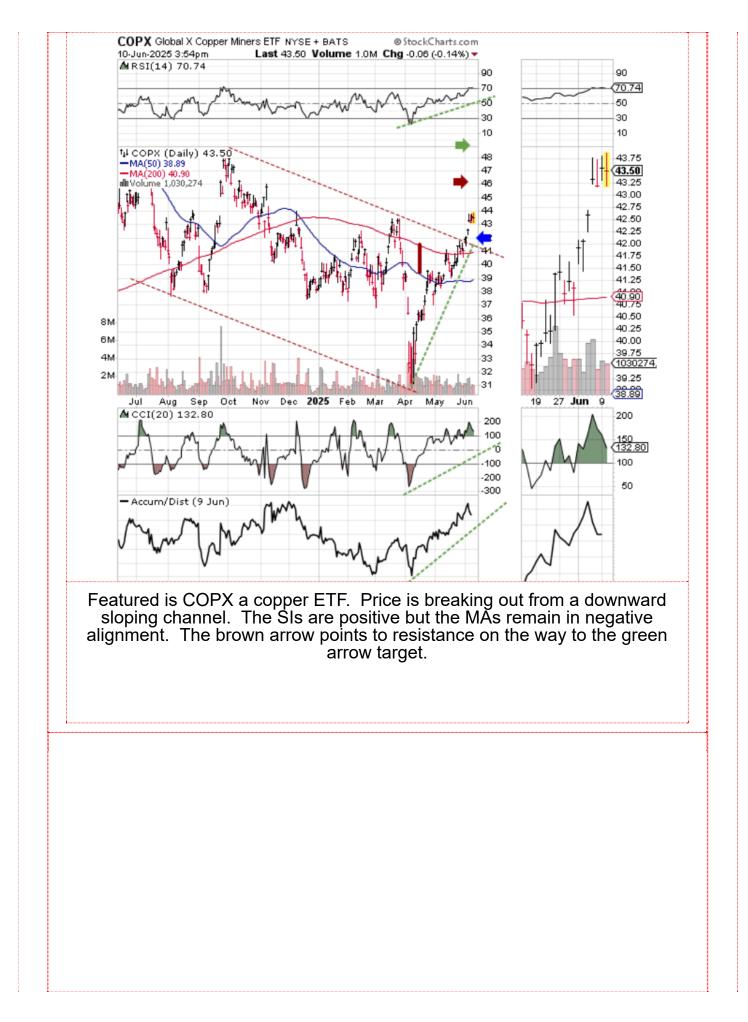














Averages; GDI = Gold Direction Indicator (consisting of 10 components that can rise up to a potential 100%, or drop to 0); ARAT = Advancing Right Angled Triangle. ATH = All-Time High DISCLAIMER: Please do your own due diligence. Investing involves taking risks. I am NOT responsible for your trading decisions. Happy trading! Peter Degraaf <:P:D:>< pdegraafdotcom@gmail.com www.peterdegraaf.com === >>> Food for Thought is next. === >>> Food for Thought Pain Is Never Wasted Your rod and Your staff, they comfort me. - Psalm 23:4 Human beings are often in need, in trouble, in pain. People need comfort. We try to find it in various places, from a mother's hug to a bottle of wine. We can certainly get comfort from each other. But Christ is the only source of real comfort for us. What is the purpose of His comfort in our lives? Of course, it is to assuage our heart's needs, to ease our aching spirits, to uplift us, to reanimate us, to encourage us, to help us on the way to continue fighting the battle. Also, it is, as Paul says, "that we may be able to comfort them which are in any trouble." There is nothing more painful than suffering that seems to be without purpose. Let me tell you, however, there is no such thing. Paul says that we are comforted in all of our tribulation so that we may be able to comfort others in their trouble with the same comfort wherewith we ourselves are comforted by God. God's comfort works because God can handle our pain and trouble. When it is past, we can look back and see His hand and then reach out and comfort others. Courtesy: crm.tv Isaiah 53 is written in 3 tenses.

