



winner.

- I use the 20 day and 30 day exponential moving averages at Stockcharts.com to help me decide when to buy and when to sell. Then I draw a channel, just as I do in the reports I issue. As long as the stock stays in the channel, I'll keep it as part of the portfolio, unless I decide to take profits.
- You've heard people say: 'Buy Low Sell High'. Here is a variation on that advice: **BUY HIGH – SELL HIGHER! It** has been my experience that buying stocks that have just broken out to a new 5 year high have been the best performers in my portfolio. When a stock or commodity has reached this stage, there is 'blue sky' ahead.
- Next I look at the supporting indicators especially the Accumulation/Distribution line. When a stock or commodity becomes overbought (such as trading near the top of the channel, or making a 'double or triple' top), I usually sell all or part of my holding into the rally. . Over time I try to replace these stocks during pullbacks.
- Finally I make sure that the sector in which the stock or commodity operates, is moving in the same direction as the stock of commodity that I am about to buy.

Here are some kernels of wisdom from a very successful trader, Jesse Stine:

- Emotional intelligence is of utmost importance.
- Discipline is key
- Drawdowns are lessons.
- Patience is very important
- Ignore the news media
- Have faith in your system
- Trade with confidence
- Never get attached to a stock
- Be a contrarian
- Be a lone wolf.

According to an article titled: The Strange Behavior of Gold Investors, by Dimitri Speck (link is here): <u>https://www.gold-eagle.com/article/strange-behavior-gold-investors-monday-thursday</u>

Monday is a day when investors usually sell gold early.

0 transactions since the last report. The last 151 closed transactions resulted in 141 winners and 10 losers, producing a percentage of +93%. The reason why our portfolio is large is due to the desire to be of help to as many investors as possible. Our position in 'penny stocks' is always very conservative.

17 positions are 'under water'. 2 positions are 'free' (they have doubled).

My portfolio consists of 75% precious metals, 21% in various other categories and 4% cash.

Here is my portfolio:

AAG.v (AAGFF) aftermathsilver.com Exploring for silver in Chili and Peru

ALS.to (ATUSF) altiusminerals.com Base metals royalty incl. Uranium, Potash along with gold and silver

APM.to (ANPMF) and ean pm.com Producing silver in Bolivia and exploring in California

ARIS.to (ARMN) aris-mining.com Producing gold at 5 mine sites.

AYA.to ayasilver.com producing at several projects in Morocco
GOGO.v (No US listing). borealismining.com Gold in NV. Sprott is in, also McEwen.
CEF.to CEF Centralfund.com A Sprott gold and silver trust.
CBR.v (CBGZF) cabralgold.com Gold in Brazil.
CNQ.to (CNQ) cnrl.com Large Canadian oil and gas producer
COPR.to (CPPMF) coppernicometals.com Exploring for gold and copper in PERU
CXB.to (CXBMF) calibremining.com Building gold mines in Canada and Nicaragua
DAN.v (DRRSF) Arianne-inc.com Phosphate deposit in QC. The project is fully permitted and shovel ready. Phosphate is used in LED batterieE
DV.v (DOLLF) dollyvardensilver.com The company has discovered silver in B.C.
EFR.to(UUUU) energyfuels.com Producing Uranium at several US sites
ELD.to (EGO) eldoradogold.com Producing gold Canada, Turkey and Greece
ELEF.to (SILEF) producing silver in Bolivia silveref.com
FDR.V (FDMIF) fdmetals.com Gold in Surinam
FRU.to (FRHLF) freeholdroyalties.com Oil and gas royalties
FTCO fortitudegold.com Producing gold at a profit in NV. Pays a dividend
FVL.to (FGOVF) freegoldventures.com Gold at two sites in Alaska
GHRT.v(GHRTF)greenheartgold.com Gold in Guyana and Suriname.
GOT.v(GOTRF)goliathresources.com Pecous metals and moly in BC
GPAC.v(FSXLF)greatpacificgoldcorp.com Gold and copper in Australia and Papua NG
GTWO.to g2goldfields.com. Discovering gold in Guyana. Management is experienced.
GWM.v(GAYMF)galwaymetalsinc.com Gold in New Brunswick and silver in QC
HGY.to Global X Gold Yield ETF (A Horizon ETF)
HL hecla.com Producing silver in Coeur d'Alene Idaho
HSLV.to highlandersilver.com Silver in Peru
JAG.to (JAGGF) jaguarmining.com Producing gold in Brazil
K.to KGC kinross.com Producing gold at 6 active mines in safe areas
KUYA.ca (KUYAF) kuyasilver.com Silver in Peru and Northern Ontario
LIO.v(LOMLF) liononemetals.com Gold in Fiji
LN.to (LONCF) loncor.com Gold explorer in DRC

MAE.v maritimeresourcescorp.com Gold in Newfoundland and Labrador

MAU.v (MAUTF) gold in Cote d'Ivoire montagegold.com

MGM.v Maple Gold Mines. Gold in the Abitibi region of Quebec.

MNT.to Gold trust at Royal Canadian Mint

NEXG.v (NXGCF) nexgold.com The company is working on final permits to operate a gold mine in Northern Ontario.

NFG.v (NFGC) newfoudlandgold.ca Discovering gold in Newfoundland. Eric Sprott is a shareholder.

NGD.to (NGD) newgold.com Producing gold in ON, BC and a minor asset in Mexico

NUAG.to NEWP newpacificmetals.com Silver in Bolivia

NXE.to (NXE) nexgenenergy.ca Uranium in Sask.

OMG.v (OMGGF) omaigoldmines.com Gold in Guyana

OR.to (OR) osisko.gr.com Gold royalties

PSLV.to (PSLV) Sprott's silver trust.

QIM.ca (QIMGF) quimbayagold.com Gold in Colombia

QQD.to A Horizon ETF that shorts the NASDAQ with leverage

RUP.to (RUPRF) rupertresources.com Producing gold in Finland

RVG.V (RVLGF) revival-gold.com Gold in Utah, and Idaho

SGD.v (SNWGF) snowlinegold.com Gold in the Yukon

SILJ ETF of junior silver explorers

SSL.to (SAND) sandstormgold.com Hundreds of royalties

TCW.to (TOLWF) tricanwellservice.com Largest fracking company in W/Canada.

USA.to (USAS) Americas-gold.com gold producer in Nevada

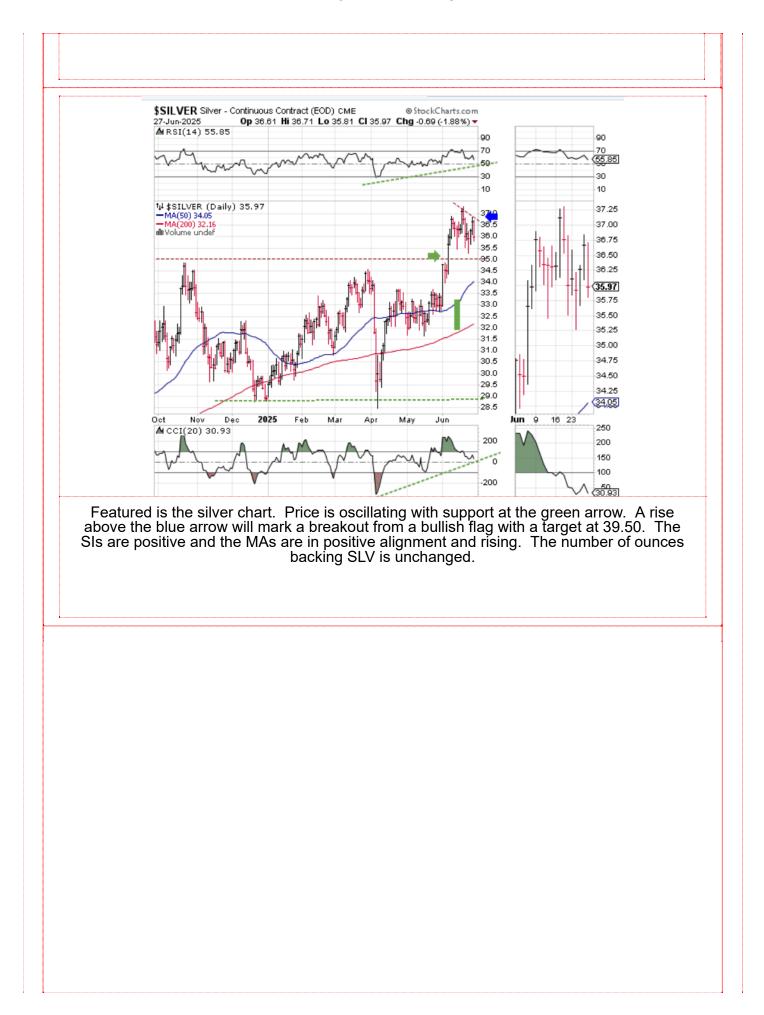
VOXR.to VOXR voxroyalty.com 60 active royalties spanning 6 jurisdictions.

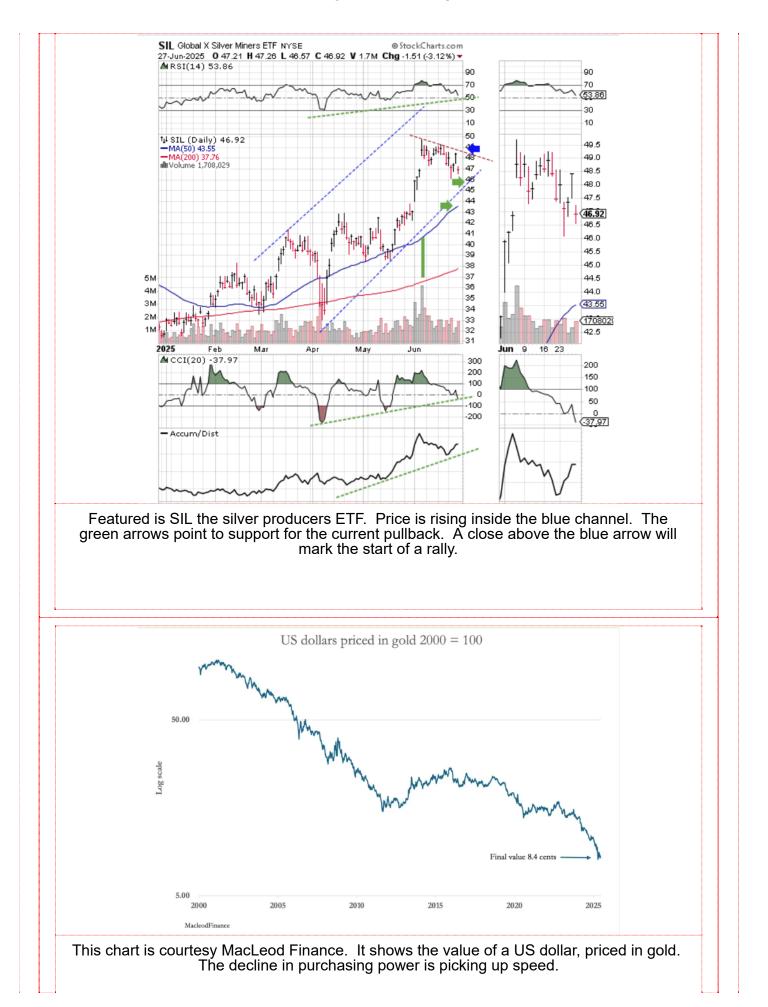
WEAT a Wheat fund that trades on the NYSE

WGO.v (WHGOF) whitegoldcorp.ca Gold and Copper in the Yukon.

Please do your own due diligence. I am NOT responsible for your trading decisions.

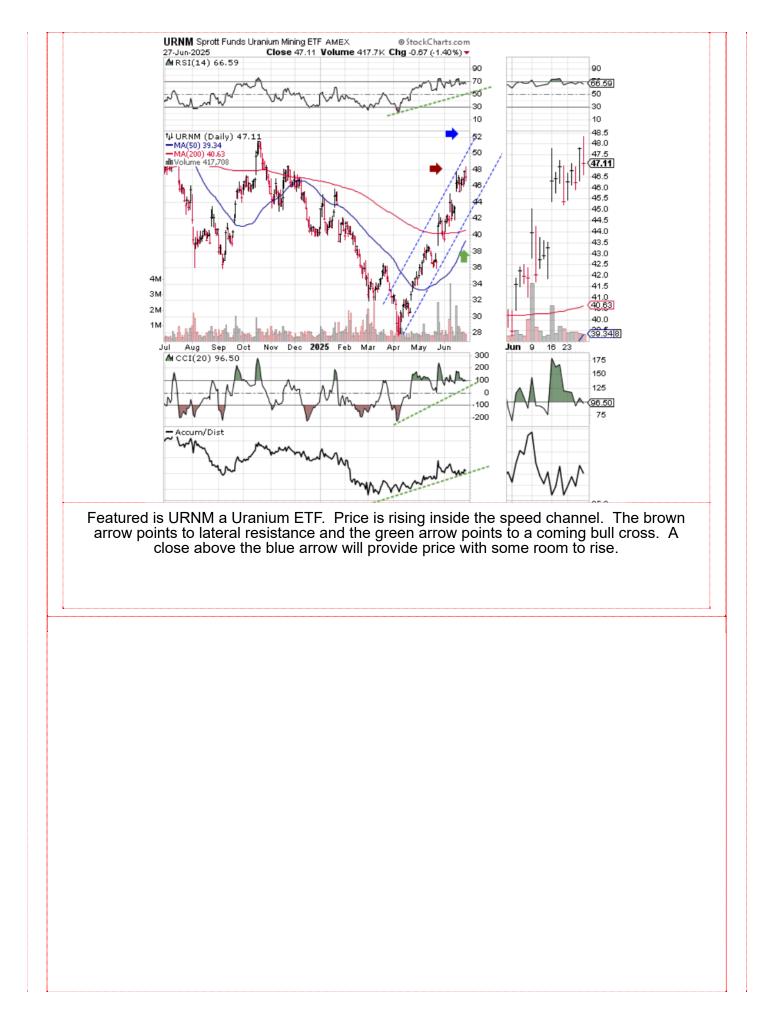
Fwd: Degraaf's Weekend Report



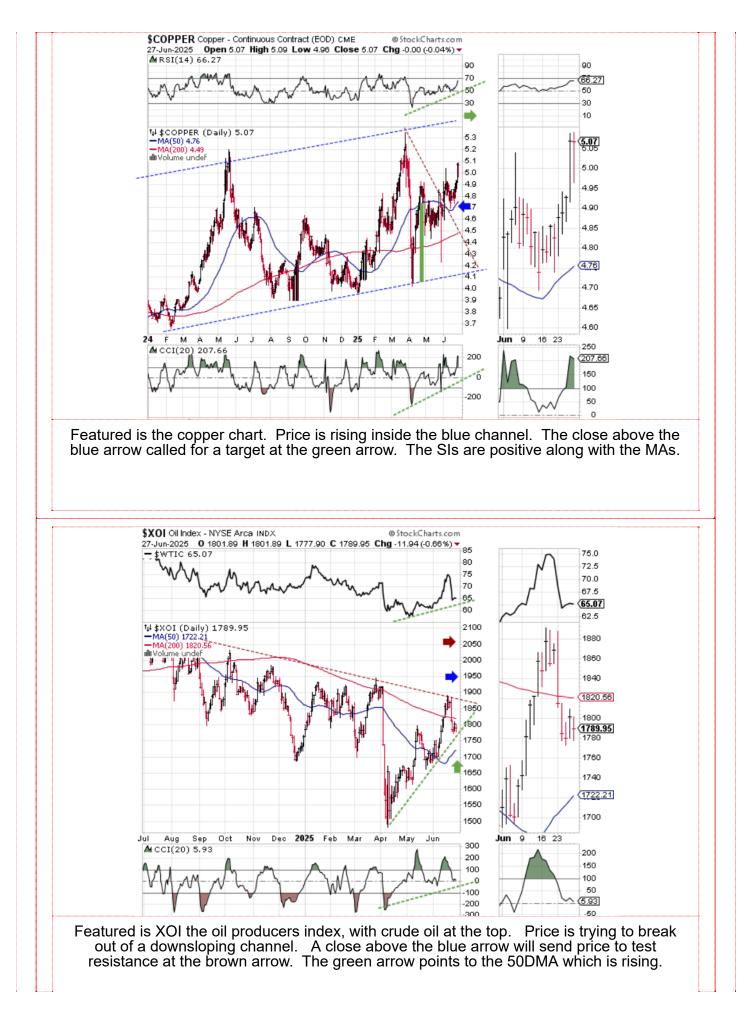


Fwd: Degraaf's Weekend Report





Fwd: Degraaf's Weekend Report



Fwd: Degraaf's Weekend Report

